



What if you felt confident & capable day after day?

Monica Wofford, MBA, CSP



Monica Wofford, MBA, CSP has led teams and team members with varying degrees of confidence, for more than 20 years. Her background as a corporate executive, having worked her way up from

front line employee, allows her to relate to all levels of your organization in both a training and consulting capacity. Her confidence skills and coursework have been requested by Executives from all levels of organizations, including Estee Lauder, the FAA, Hormel Foods, Cabela's, and divisions of the United States Department of Commerce. Monica's philosophy encourages you to be you and lead you well, before you go about leading others and that means you must first begin with managing the voices in your head. Her Contagious Confidence™ audio products, keynotes, and courses share this philosophy in a way that will compel you to laugh, learn, listen (mainly to yourself) and produce results!

PARTIAL CLIENT LIST



Gain an unshakable belief in who you are and what **YOU** can do!!

Contagious Confidence™ is a one-day customizable program that will teach you how to:

- Believe YOU are truly great and CAN do this.
- Uncover and utilize your talents.
- Wake up and love who you are.
- Lead the voices in your head to be helpful.
- Gain a renewed sense of belief in your own daily decisions in your work and life.
- Communicate confidence in ways that welcome input and collaboration from others.
- Present confidence to others in a meeting or speech.

IF confidence is the key to success, this session will open doors for you that you always wished were possible. This course is for you if you've ever been our own worst enemy, want a greater belief in yourself, and want to feel uplifted, happy, and productive on a daily basis.

Boost your confidence so that being with you is positively **"contagious"!**

