

Key Note Speaker, Trainer, Coach and Author

Monica Wofford, CSP founded her training career and her company on the premise that a leader does not have to be born, but can be developed. As the CEO of Contagious Companies, Inc, a seven division Orlando based training firm, Monica serves not only her clients, but also the team of people she has the privilege of leading. She embodies the characteristics she teaches. Monica has led talented employees and teams for more than 20 years, serving as store manager, area sales manager, state trainer, training manager, regional training director, and now CEO and business owner.

Previous companies where Monica practiced and grew her real world leadership experiences include The Sharper Image, Casual Corner, Petite Sophisticate, Foley's, Houston Celluar, Bell South Mobility, and AT&T.

The author of *Contagious Leadership*, as well as numerous other books and learning tools, Monica has been called "The best trainer ever seen!" The fun her clients experience and the skills they learn are based on Monica's strategies, techniques, and powerful insights into effective leadership. Whether in a key note speech, half day training, or completely customized curriculum package, her presentations and coursework masterfully transform managers and employees into people who lead better, stay longer, complain less, and produce more.



"Monica's audience members learn more while laughing!"



Monica Wofford, CSP

Wait, there's more... 

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Monica has had a role in or coaching or leadership since 1990, though she began her Key Note speaking career part time in 1989 with her first key note to 8600 fellow students. She has been nominated twice as a Woman of Distinction by the Girl Scouts Citrus Council and even a well known Vice President of the United States has complimented Monica on her first book: *Contagious Leadership*. Monica has an MBA, numerous training certifications, and a CORE® Profile Coach certification but her greatest joy comes from helping others catch their own sense of Contagious Confidence™ as their Contagious Leadership™ skills improve.

Outside of the office, Monica has served as an adjunct instructor with The University of Phoenix, President of the board of Freedom Ride, President of the Central Florida NSA Chapter, and an amateur polo player. She is a dynamic coach for those who struggle with their job, their lives, or the “voices in their head”. Even she, with her big Texas hair and her love of horses, finds that sometimes she must be her own coach and look within. Who better to provide training and speak to your group, than a woman who runs a business, has a life, and has actually had to organize the voices in her own head as well as those she leads.

Her proven track record of behavior change and client satisfaction, makes Monica the right choice for your next speaking or training event. You'll not only enjoy watching her in action at your event, you'll delight in working with her before and after your event's great success.

“Sometimes Monica will stay on the stage, but often she'll walk around in and among your audience members truly engaging them in the topic and presentation.”

